




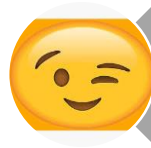

**CENTRALE LYON
ENISE**

**INTERNATIONAL STUDENT
GUIDE
2024-2025**

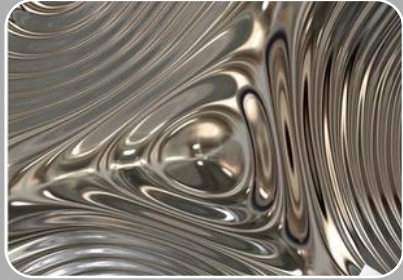


Presented by the International Relations Service
Saint-Etienne Campus

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Our areas of Science and Technology



Mechanical Engineering

- Surface Superfinishing
 - <https://www.youtube.com/watch?v=kTdw9ubkGtU>
- Additive Metal Manufacture
 - <https://www.youtube.com/watch?v=zEk1XUnEGNk>



Civil Engineering

- Soil rehabilitation
 - https://www.youtube.com/watch?v=Jp_o53aBLEQ&list=PL3_n5IDL9khF7MWOMGdEIOMvX1R-oEUn&index=2
- Composite structure-materials
 - https://www.youtube.com/watch?v=-RpT7he5Urw&list=PL3_n5IDL9khF7MWOMGdEIOMvX1R-oEUn&index=3



Physical Engineering (Sensory)

- Virtual reality
- Bio engineering
- Feedback
 - <https://www.youtube.com/watch?v=DYmDsj2hQVc>

In 5 years, Centrale Lyon ENISE prepares engineers with strong technical expertise to serve the industry of the future. Our engineering students choose one of the school's 3 majors: Mechanical Engineering, Civil Engineering, Physical Engineering (Sensory).

The School is co-accredited to deliver 3 research masters, jointly with other engineering schools or universities in the different fields of its specialties.



Academic calendar of incoming mobilities

		Sept.	Oct.	Nov.	Dec.	January	February	March	April	May	June	July	August	
I N T E R N A T I O N	C O U R S E S T A R T	Fall Semester (S1) Engineer						Spring semester (S2) Engineer (studies or end-of-studies project depending on year)				Summer Holidays		
		Autumn Semester (S1) Research Master							Research Master's Internship (S2) (duration varies according to master)					
		Application period to S2								Application period for the S1 of the following school year (all categories combined)				

For more information on our academic offer: <https://www.enise.fr/international/courses-taught-english>



Saint-Étienne

Ranking of the best student cities 2023-2024



Amount of students

7.3%



Housing offers

Satisfactory



Student recommendation rate

90,2 %

une
vie
étudiante
riche
DE DÉCOUVERTES

DISCOVER SAINT-ÉTIENNETHE

CITY OF 7 HILLS

176 016
inhabitants

+ of 4000
associations

14th
city of France

40
festivals/year

4th

best city in France to live in

2nd

Pool of SMEs and SMLs in
France

79.97 km²
of area

15000
companies

AN ACCESSIBLE CITY

By car

> Lyon: 40 min

> Clermont-Ferrand: 1h20

> Grenoble: 1h30

> Paris: 5h

StE-Paris TGV line: 2h40

Lyon Saint-Exupéry airport:
40 min by car

ONLY FRENCH CITY RECOGNIZED AS "UNESCO CREATIVE CITY OF DESIGN"

Didn't we tell you that Saint-Etienne is **the city of design**? Are you sure? From urban design to furniture and social design. In this city full of knowledge, you can find it in all its forms.

Discover Saint-Etienne Métropole Design:






<https://www.calameo.com/read/00054411359974df77fc7?page=1>

Our Pilat Park is 700 square kilometers of mountains and forests for a total change of scenery, just 10 minutes from downtown Saint-Étienne. The highest peak in this Regional Nature Park is just 1,400 metres above sea level. **By bike, in sneakers, in short strides**, come and take a walk at the Gouffre d 'Enfer, one of the many dams in the area. Don't worry, there's nothing demonic about it, on the contrary, it's a Sunday outing in paradise! All the information you need to get there and the latest news:

www.stephanois-hors-cadre.fr

Preparing for your departure

Practical information

-  Finalize your Admission **9**
-  Plan ahead the financing of your studies **10**
-  Apply for a visa **11**
-  Think about health insurance **12**
-  Find accommodation, at least temporary **13**
-  Plan your trip from the airport to Saint-Etienne **14**

Finalize your admission

You have been nominated by your home university and/or admitted via the eMundus platform.

Congratulations!

In order to allow us to issue you an admission letter for visa purposes and start your administrative registration on our digital platform, please email us the following documents in good quality:

- Photocopy of passport or ID card
- Photo ID (JPEG 600x400 pixels, <100 kB)
- Certificate of completion of secondary education (equivalent to the French BACCALAUREATE) (.pdf <2 Mb)

IMPORTANT: Translated into French or English

For more information on the documents to be submitted:
<https://www.enise.fr/international/courses-taught-english>
Click on the PDF document "Application Form", page 5



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Plan ahead the financing of your studies

Your monthly expenses in Saint-Etienne can vary between €600 and €900.

Rent	From €200 to €400 average + €16 home insurance
Electricity	From €30 to €60
The food	* From €150 to €300
Public transport	€10/month and €110/year for users under 26 years old
Telephone package	From €2 to €30/month or more - depending on your needs
Internet package	It's better to combine several services (Internet, telephony, television): from €20 to €45
Supplementary health insurance	** Health insurance (Mutuelle): €45
Leisure activities	Approximately €110 *** Free services are offered by the City of Saint-Etienne!

In Saint-Étienne, qualities of student life to highlight: **housing and transportation.**

Young users pay an annual transport subscription **€110.**

Two years ago, this amount was €218, proof of the city's commitment to making life easier for its students.

As for housing, Saint-Etienne is one of the few cities to offer **rents still below €400 on average.**

* <https://www.izly.fr/>

1 meal at CROUS restaurant **€3.30**

** <https://smerra.fr/4-assurances/52-pack-en-france>

Our suggestion

*** <https://www.laboge.fr/bons-plans>

You can register with your admission letter!

Apply for a visa

Non-EU students only *

- ❑ Come to France with a **STUDENT visa** issued by the French consular services

<https://www.campusfrance.org/fr/visa-long-sejour-etudiant>

Think about the Irrevocable Transfer Certificate (AVI): document issued in exchange for a deposit covering the financial resources of the student during his studies in France

- ❑ Birth certificate or family record book (IMPORTANT: bring the original with you to France)
- ❑ A translation of your birth certificate by an official translator (using the spelling of your passport's first and last names), except for the following languages (accepted without translation)

Albanian	German	English	Croatian
Danish	Spanish	Finnish	Hungarian
Italian	Latvian	Lithuanian	Dutch
Norwegian	Polish	Portuguese	Romanian
Slovak	Swedish	Czech	Turkish

* Holders of a residence card from a member state of the European Union: these documents will be required if you wish to receive housing assistance.

Think about health insurance

European Students *

- Photocopy of the European Health Insurance Card – EHIC *

* Or if you are the holder.



NON-EU students only

- Medical insurance * covering the student until September 30 of the year of enrolment or until February 28 for those arriving in the 2nd semester

* This insurance will cover you while you are covered by the compulsory and free health insurance scheme run by the Caisses Primaires d'Assurance Maladie (CPAM), otherwise known as Social Security (see page 18).

If your French social security registration process takes time, don't worry. Your health cover is retroactive to the date of enrolment in Centrale Lyon ENISE. All treatments you receive after registration will be covered.

All Students

- A medical certificate issued by your doctor, preferably in English, stating that you are medically able to take part in practical work and sports activities
- A photocopy of the vaccination record (translation is not required)

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Find accommodation, at least temporarily

Le Grand Guillaume
65 rue Jean Parot 42100 Saint-Étienne
<http://www.toitforezien.fr/etudiants/enise/>

Le Littré
32 Rue Emile Littré 42100 Saint Étienne
<https://www.isis-gestion.fr/residence/469>

Maison des Elèves MINES
20 bd Alexandre de Fraissinette 42030 Saint-Étienne
www.me-mines-saint-etienne.org

FOYER AGFA
56 RUE BAUDIN, 42100 SAINT ETIENNE
<https://www.a-g-f-a-saint-etienne.com/>

Jules Ferry - Les Estudines
19 Rue Chevreul, 42100 Saint-Étienne

UXCO Greenbreak
6A Rue Victor Duchamp, 42000 Saint-Étienne

Campus Design
11 Rue Jouffroy, 42000 Saint-Étienne

The residences listed on the left are private ones.

Most residences require a guarantor, for example, CROUS residences. If you do not have a physical guarantor in France, you can apply for the VISALE guarantee. It is free for students under the age of 31. If this guarantee is not accepted by the private lessor, the company GarantMe offers this same service through a paid insurance contract.

What is the **VISALE guarantee**?
<https://www.youtube.com/watch?v=B1BZZnKloGo>
Campus France tutorial: VISALE
<https://www.youtube.com/watch?v=CiFZ8yswmfA>

GarantMe
<https://help.garantme.fr/fr/garantme-comment-ca-marche>

Search for shared accommodation

<https://www.laboge.fr/guide-des-aides/me-loger>
<https://www.lokaviz.fr/>
https://www.leboncoin.fr/v/saint-etienne_42000/colocations
<https://www.seloger.com/immobilier/locations/colocation/immo-saint-etienne-42/>
<https://www.immojeune.com/colocation/saint-etienne-42.html>
<https://www.lacartedescolocs.fr/colocations/fr/auvergne-rhone-alpes/saint-etienne>

For more information on our selection of residences: <https://www.enise.fr/international/courses-taught-english>
Click on the PDF document "Application Form", page 4

16/01/2025

Conseil

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Plan your trip from the airport to Saint-Etienne

Arrival airport	Trip to Saint-Etienne
Paris Roissy Charles De Gaulle - CDG	<ul style="list-style-type: none">➤ RER B direction "Massy-Palaiseau" get off at the stop "Châtelet-Les-Halles" then RER A direction "Torcy", get off at "Gare de Lyon" https://www.ratp.fr/plan-aeroports➤ TGV Paris Gare de Lyon -> Lyon Gare Part Dieu (booking required)➤ TER Lyon Gare Part Dieu -> Saint-Etienne Gare Châteaureux https://www.sncf-connect.com <p>OR</p> <ul style="list-style-type: none">➤ Direct TGV Paris Gare de Lyon -> Saint-Etienne Gare Châteaureux (3 times a day, reservation required): https://www.sncf-connect.com
Lyon Saint-Exupéry - LYS	<ul style="list-style-type: none">➤ Tram Rhônexpress direction "Lyon Gare Part-Dieu" https://www.rhonexpress.fr/fr_FR/➤ TER Lyon Gare Part Dieu -> Saint-Etienne Gare Châteaureux https://www.sncf-connect.com

Setting Up

Practical information

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	Understanding public transportation in Saint-Etienne	<u>17</u>
	Validate your visa	<u>18</u>
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	Subscribe to the different insurances and memorize emergency numbers	<u>21-22</u>
	Check your eligibility for CAF benefits	<u>23</u>

Participate in Integration Week for international students - WELCOME

Every year, the International Relations Department of our School welcomes international students during an integration week. WELCOME 2024 kicks off **on Monday, September 9**. We recommend you to arrive in Saint-Etienne on Friday, September 6 at the latest in order to acclimatize, recover from jet lag for some of you and take possession of your accommodation.

Our WELCOME will combine social events with administrative and pedagogical support and French language courses.

During the welcome and information sessions, different people will take turns to present **the services of our School**, such as Scholar services, Student Life, etc. Course and program **coordinators** will present their respective courses and the requirements of each program. The **sports** coordinator will explain the different options for physical activity, indoors or outdoors, and let you sign up for the ones that interest you.

Participants will have the opportunity to improve their French language skills through courses in **French as a Foreign Language**.

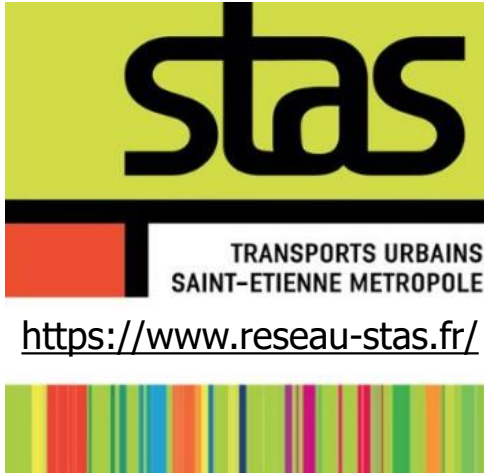
Administrative time will be used to finalize your enrolment in the School and for you to get to know the different digital tools we use, to validate your visa, to introduce you to the French health system, to open a bank account and, for our part, to answer any questions about your life in Saint-Etienne.

The **School's different clubs** will set up stands in the reception hall: <https://www.bde-enise.com/clubs-assos>

The **"Young Ambassadors"** association will invite you to an exciting adventure! <https://www.jeunes-ambassadeurs.com/>

Finally, **a cocktail** that will be an opportunity for all international students to exchange in a more friendly way.

Understanding Public Transportation in Saint-Etienne



In Saint-Etienne, public transport is managed by the company STAS. The price of an occasional ticket is €1.60, allowing to travel for 1h30min. **You must validate it each time you board whether a bus or a tramway.**

Saint-Étienne Métropole offers the monthly subscription at €10 and the annual subscription at €110 to users under the age of 26 (including students). The monthly subscription is valid **from the 1st to the last day of the month. Unlimited travels during this period.** To benefit from the 1 month -26 years subscription, you must subscribe to a **OùRA! card * (price €5 - valid for 5 years):**



In the online agency

<https://boutique.reseau-stas.fr/>



In STAS Transport Spaces:

Place Dorian, Saint-Étienne

Forecourt of Châteaueux train station, Saint-Étienne

How to get to the School - 58 rue Jean Parot – Saint-Etienne?

With the M4 bus to "Châteaueux Gare".
Take a tram, direction BELLEVUE or SOLAURE, get off at BELLEVUE station.
Take this bus as shown in the picture and get off at ANGELUS station.

With the M2 bus to "La Métare".
Take this bus as shown in the picture and get off at SEMBA station.



* Documents required to subscribe to the card:

- 1 recent color photo ID (on-site webcam photography possible)
- 1 identity card (digital version possible)
- 1 proof of residence less than 3 months old
- 1 RIB if you choose direct debit for your annual subscription

For more information:

<https://www.reseau-stas.fr/fr/nouveaux-etudiants/1017>



Validate your visa

When you arrive in France, you must validate your long-stay visa valid as a residence permit (VLS-TS). You have three months to take the necessary steps.

If you hold any other type of visa, advice is available (see below).



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VALIDEZ VOTRE VISA DE LONG SÉJOUR EN LIGNE

- Votre visa de long séjour doit être validé dans les 3 mois suivant l'arrivée en France
- Votre visa de long séjour ne vaudra **Titre de séjour** qu'après avoir été validé sur le site :

administration-etrangers-en-france.interieur.gouv.fr



Remember to bring:

- your visa, which contains a set of useful information;
- your passport showing your date of entry into France;
- your address of residence in France;
- your payment card to pay online for tax stamps: tax stamp is provided only in electronic form; it can also be purchased at a tobacconist.

<https://www.service-public.fr/particuliers/vosdroits/F33071>

Reception facilities in Saint-Etienne



- **The Students Welcome Desk** is a welcome service for all international students, held at the start of each academic year in September and January. The SWD team will be available to provide you with information and support on issues related to residence permits, health, housing, and the student and cultural life in Saint-Étienne. The themed workshops and stand-by sessions will be held at La Comète, **7 Avenue Président Émile Loubet, 42000 Saint-Étienne.**
- A Youth Info Area is also available in the premises of la Comète, a cultural space located in the city centre. There are advisors to help with administrative matters.

The International Relations Department of Centrale Lyon ENISE will introduce you to these services during the WELCOME (see page 13).

- The laboge.fr website was opened by the municipality to answer students questions and provide a list of available activities.

It's a collection of **special offers, information, help, events and news for students in Saint-Étienne Métropole!**

To take advantage of this, create your account on laboge.fr
Registration is free and easy!



Opening a bank account

Opening a bank account in France can be very useful, especially to **pay your bills** (electricity, telephone, rent) and **subscriptions** (transport, internet). You will also be able **to collect any wages you may earn more easily** and **have your healthcare costs reimbursed** directly. A French payment card can also be used to pay for most of your expenses, so you don't have to carry large sums of cash.

Our bank suggestion:



BNP PARIBAS

Agency: 67 cours Fauriel, 42000 Saint Etienne

Personalised support from September 9, 2024.

For more information on opening a bank account in France:

<https://www.campusfrance.org/fr/ouvrir-un-compte-bancaire-en-france>



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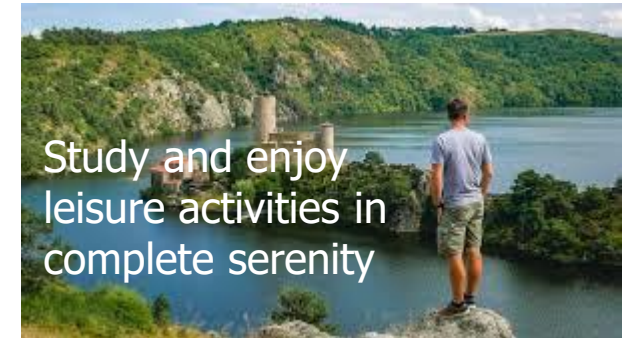
Subscribe to the different insurances and memorize emergency numbers

Social security allows international students to benefit from social security coverage during their studies in France. To increase the amount of reimbursements for their health expenses, they can subscribe to **an additional health insurance known as "mutuelle"**

Compulsory and free Social Security health insurance. Up to **70%** of your healthcare expenses covered by the CPAM.

"Complementary health" or "Mutuelle", strongly recommended. Added to CPAM insurance, it covers you **100%**.

Our suggestion of "mutuelle":



<https://smerra.fr/4-assurances/52-pack-en-france>

For more information on health, home and civil liability insurance:

<https://www.campusfrance.org/fr/sante-securite-sociale-etudiants>

<https://www.campusfrance.org/fr/je-ne-suis-pas-europeen>

Subscribe to the different insurances and memorize emergency numbers

URGENCE

QUI APPELER ?

					
Samu	Police Secours	Pompiers	Urgence sms	En mer	Europe
15	17	18	114	196	112
Urgence médicale	Signaler une infraction	Situation de péril ou accident	Accessible par fax ou SMS	Sauvetage en mer	- Urgence médicale - Infraction - Péril

Use these numbers **only in the event of an emergency**, that is to say when rapid intervention is necessary to protect people and/or property (fire, accident, injured person...), you can alert the emergency services by short numbers.

We hope you won't need it!

For more information on emergencies:

<https://www.service-public.fr/particuliers/vosdroits/F33954>

Check your eligibility for CAF benefits

Like French students, international students can benefit from the APL (Aide Pour le Logement).

This assistance is calculated according to the amount of the rent and the student's resources. It is therefore not granted automatically, and the amount is calculated on a case-by-case basis.

International students, we help you get connected!

- This is your first application to a CAF (CAF of the Loire, for students of Centrale Lyon ENISE). You can do this online [without having a social security number](#).
- Start by applying for housing assistance on caf.fr, and you'll be able to create an account. A provisional identifier will be assigned to you in order to continue your online process (the provisional identifier is composed of the letter P and 8 digits). This ID will allow you to log in to "My Account" area.
- Once your application has been processed, the CAF will assign you a social security waiting number. It will enable you to connect to your "My Account" area to carry out your procedures and track the progress of your applications and payments.
- Remember to send to the CAF an identity document (identity card or passport), a civil status document (birth certificate) [and the identity of a holder of a bank account in France](#).



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<https://www.laboge.fr/guide-des-aides/me-loger/aides-au-logement>

Simulation d'APL :



Demande d'APL :



And finally, your checklist!

<https://www.campusfrance.org/fr/organiser-arrivee-France-check-list>



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CENTRALELYON
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ECOLE NATIONALE D'INGÉNIEURS DE SAINT-ETIENNE



<https://www.enise.fr/>